Lifting & Mechanical Handling Guidelines

or effectively:

‘Guidance for all personnel involved in lifting and mechanical handling operations’

These guidelines are the latest revision by an industry workgroup made up of people who carry out lifting and mechanical handling tasks in the oil and gas industry.

These guidelines are aimed at all personnel involved in lifting and mechanical handling operations, particularly those who risk assess and plan these operations, and to the supervisors of the personnel performing them.

The document gives guidance on lift planning and risk assessment and identifies the correct person for each stage of the operation. A lift planning flowchart detailing who is responsible for what during the operation is a new addition to this revision. There are details on the responsibilities of the people identified in this flowchart, the actual lifting operation and categorisation of the lift and advice on the competence required of the whole lifting team. The risk assessment focuses more on the specific task hazards and less on the generic hazards. Tool box talk guidance and human factors involved in this process are also addresses.

**Summary:** This guidance will help create a safer workplace when lifting and mechanical handling operations are being carried out.